



CPADVENTURE
escape your everyday



NEW for 2020

Ropes Course, Zipline (Now over 100 metres)
Climbing Tower, Bouldering, Abseiling,
Archery Range, War Canoes, Sit on Top
Kayaking, Canoeing, Orienteering, Biking,
Target Training, Archery Tag, Team Tasks,
Bushcraft, Tree Climbing and more..

Secondary School Full Day & Overnight Packages
New Transition Year & Gaisce Packages
Team Building, Ice Breaker and Award
Programmes

Getting to CP Adventure,
Russborough House
Blessington
Co Wicklow

Located 25km from
Dublin,
Russborough is just
off the N81 and easy
to get to from anywhere
in Ireland
Dublin Bus No.65



Bookings: 045 865 742 / 087 466 2252

Email: info@cpadventure.ie

Web: www.cpadventure.ie

Social: [f](#) [t](#) [in](#) [v](#)
[@cpadventure](#)



CPADVENTURE
escape your everyday



Escape your everyday
Outdoor Adventure

Bookings: 045 865 742 / 087 466 2252

Email: info@cpadventure.ie

Web: www.cpadventure.ie

Social: [f](#) [t](#) [in](#) [v](#)
[@cpadventure](#)

- Transition Year Packages
- Gaisce packages
- Team Building
- Ice Breaker
- Award Programmes

Sample Itinerary
 09:45 Arrive
 10:00 Begin Icebreaker activities
 12:30 Lunch
 13:00 Continue activities: Fun teambuilding games, Orienteering
 16:00 Finish and depart

Secondary School Full Day Packages

Thrilling Teambuilding for Transitions!

This is an exciting time for transition year students. They have just completed their first State exams and are looking forward to a year of activities that will give them an insight into the world out there. This is an ideal time for getting students who have been friends for the last few years to expand their networks beyond their usual group.

Team building activities are both educational and fun, and are an ideal way to reward students for their hard work. They can equally be great for integrating a new set of classmates and encouraging them to form bonds.

Allow Us to Come to You!

Perhaps you have been looking into team building exercises but would prefer to avoid the time and costs of travel? Well, we could just have a solution for you! Rather than you coming to us, we can come to you!

Gaisce Packages

We have a number of different adventure packages catering for Bronze & Silver Gaisce awards (Gold on request).

Standard Package includes:

An instructor who will come to your school and help organise your Gaisce trip.
 Hiking in the wild Wicklow mountains between 25 – 50km, over 1.5 – 3 days (depending on award level).
 Self-catering group accommodation (full board options also available)
 Onsite instructor available overnight in case of emergencies. Highly experienced and suitably qualified outdoor leaders (Ratio 1: 12).

Orienteering Package includes:

As standard above plus: Half-day orienteering session including map reading and compass work.

Ropes package includes:

As standard above plus: Half-day day orienteering session including map reading and compass work. Half-day high ropes challenges.



Overnight Programmes

1 Day & Overnight Camp

Day 1

10am Arrival at Adventure Centre
 10am / 4pm - Land & Water Multi Activities
 4pm - Canoe across the lake and set up camp.
 Build Camp Fire. Dinner followed by night walk.
 Instructors will guide the group up the mountain to view the lake and surrounding areas by night.
 Game: Camp Factor - Each group will devise their own sketch or talent and showcase around the camp fire.
 Retire to tents.

Day 2

Breakfast followed by clear down of campsite.
 Canoe back to base to depart for 10am.
 Cost: €89 per person



2 Days & Overnight Camp

Similar to programme above
 Day 2
 Breakfast followed by clear down of campsite. Multi Activities to follow
 Depart from Camp base at 4pm
 Cost: €125 per person

Full Day School Package

Multi Activities consisting of both Land & Water activities.
 Incorporates 5 activities.
 Runs from 10am to 4pm
 Cost €40 per person

Activities Include:
 Archery, NEW Climbing Tower, NEW Zipline, Team Tasks, NEW Ropes Course, Orienteering, Bushcraft, Kayaking, Canoeing, Archery Tag, Tree Climbing

Half Day School Package

Consists of 3 hours of Multi activities

From 10am to 1pm OR 2pm to 5pm
 Cost €31 per person

TEACHERS are welcome to join in all activities for free or relax in the fabulous surroundings of Russborough house, go for a walk or a cycle, visit the coffee shop and let our qualified instructors take charge of your precious cargo!!



Packed lunches are required on all day and overnight packages. Minimum numbers of 20 persons apply for the above rates.